



# GLUTEN FREE BRUNCH & LUNCH

PLEASE SPECIFY GLUTEN FREE WHEN ORDERING

AS SOME DISHES ARE VARIATIONS OF MAIN MENU ITEMS

## GF BRUNCH

- V BRUNCH SHAKSHUKA** **11.25**  
2 Baked egg in a spiced tomato, pepper and onion sauce. Served with gluten free toast and sour cream.  
Add chorizo - 2.50  
Vegan Option Available

- VE GUACAMOLE ON TOAST** **8.50**  
Avocado, tomato, red onion, chilli, coriander and lime juice smashed on top of gluten free toast.  
Add roasted balsamic tomatoes - 1.50  
Add an egg - 1,25

- OMELETTE & CHIPS** **10.65**  
Free range egg omelette with your choice of 2 fillings served with a side salad.  
Bacon, ham, mushroom, tomato, chorizo, cheese, onion.

## SPECIALS

*Check out our specials  
wall for weekly brunch,  
burgers, mains and more  
food options.*

- **AT STAG, WE'VE NEVER UNDERSTOOD WHY EATING OUT AS A VEGAN OR GLUTEN FREE GUEST CAN OFTEN BE AN AWKWARD EXPERIENCE, WITH JUST ONE OR TWO TOKEN MENU OPTIONS, IF ANY AT ALL.**

**THAT JUST DOESN'T SEEM RIGHT. SO WE'VE BEEN PROVIDING PROPER, FULL, SEPARATE VEGAN AND GLUTEN-FREE MENUS SINCE 2016, PACKED WITH VARIETY, FLAVOUR AND COMFORT FOOD CLASSICS.**

## GF LIGHT BITES

- V SOUP OF THE DAY** **6.95**  
Ask one of the team about our soup of the day.  
Served with gluten free toast and butter.

- V HALLOUMI FRIES** **7.95**  
Golden halloumi fries drizzled with sweet chilli sauce and spring onions

- V TACOS** **7.95**  
Crispy corn tacos filled with your choice of filling and topped with lettuce, pico de gallo and cheese.  
Beef Chilli  
Sweet Potato Chilli  
Fajita Veg  
BBQ Pulled Pork - Extra 3.50

- V LOADED NACHOS - FOR SHARING** **10.75**  
Nachos with melted cheese and topped with pico de gallo, guacamole and sour cream.  
Try them loaded with:  
Chilli con carne - 1.50  
Pulled pork carnitas - 3.50  
Sweet potato chilli - 1.50

## GF BURGERS

*Served in a gluten free bun with skin on fries.*  
**Upgrade to sweet potato fries 1.50**  
**Add an extra patty 3.00**

- STAG BURGER** **12.95**  
1/4lb British beef burger, lettuce, tomato, red onion chutney and burger sauce.

- STAG BACON CHEESEBURGER** **15.50**  
1/4lb British beef burger, lettuce, tomato, red onion chutney, melted cheese, smoked streaky bacon and burger sauce.

- CHICKEN & GUAC BURGER** **15.50**  
Gluten free buttermilk fried chicken, guacamole, tomato, lettuce and garlic aioli.  
Add smoked streaky bacon - 1.95

- BLACK & BLUE BURGER** **15.50**  
100% British beef burger, lettuce, tomato, red onion chutney, melted blue cheese and garlic aioli.  
Add smoked streaky bacon - 1.95

- PHILLY CHEESESTEAK** **17.50**  
Thinly sliced British sirloin steak with sautéed onion, garlic aioli and melted cheese in our brioche bun. No lettuce or tomato in this classic.

- VE PLANT BASED BURGER** **14.50**  
Plant based burger patty with lettuce, tomato, red onion chutney, vegan Applewood smoked cheese and burger sauce.

- V HALLOUMI BURGER** **13.50**  
Fried halloumi, button mushrooms, red onion chutney, lettuce, tomato and garlic aioli.  
Add smoked streaky bacon - 1.95

**VE VEGAN**  
**V VEGETARIAN**

## GF MAINS

- BUTTERMILK FRIED CHICKEN** **13.95**  
Southern fried buttermilk chicken served with homemade coleslaw and skin on fries.  
Like things spicy? Ask us to use the scotch bonnet sauce for an extra kick.

- CHILLI CON CARNE** **12.95**  
Our homemade slow cooked beef chilli using ancho and chipotle chillies served with spiced rice, pico de gallo and sour cream.  
Add guacamole for 2.00

- V SWEET POTATO CHILLI** **12.95**  
Using the same spice mix as our beef chilli we have created a delicious sweet potato chilli served with spiced rice, pico de gallo and sour cream.  
Add guacamole for 2.00  
Vegan Option Available

## GF SALADS

- CHIPOTLE LIME CARNITAS SALAD** **13.95**  
Pork carnitas in a salad with iceberg lettuce, sliced peppers, sweetcorn, jalapeno, coriander lime rice, guacamole and a chipotle lime dressing.  
Vegan Option Available.

- COBB SALAD** **13.95**  
A large salad made with iceberg lettuce, fresh tomato, guacamole, sweetcorn, smoked streaky bacon, southern fried chicken and homemade ranch dressing  
Add blue cheese or cheddar cheese - 1.50

- V HALLOUMI SLAW SALAD** **12.95**  
Golden halloumi served on a pepper, tomato, carrot, cabbage and corn slaw flavoured with lime juice, coriander and chilli.

- CHICKEN CAESAR SALAD** **12.95**  
Fresh crispy iceberg lettuce, fresh tomato, Parmesan, homemade Caesar dressing and grilled chicken.

## GF SWEET

- VE GOOEY CHOCOLATE BROWNIE** **6.75**  
Homemade chocolate brownie served warmed with chocolate sauce and vanilla ice cream.

## ALLERGENS

**Please inform us of any allergen or dietary requirements before placing your order. Not all ingredients are listed. Detailed allergen information is available in our allergen folder kept behind the bar. We cannot guarantee the total absence of all allergens.**

## GF SIDES

- VE SKIN ON FRIES** **3.95**  
**VEGAN CHEESY FRIES** **4.50**  
**CHEESY FRIES** **4.50**  
**VE COLESLAW** **3.50**  
**VE SWEET POTATO FRIES** **4.25**  
**VE GREEN SIDE SALAD** **3.50**  
**CAESAR SIDE SALAD** **4.25**

## BOTTOMLESS BRUNCH

**Love our range of cocktails and food. Why not check out our bottomless brunch menu?**  
**You get 90 minutes of unlimited drinks and your choice of one food option.**

**£35 per person \*TCs Apply**  
**You can book online or in store.**

## VEGAN MENU

*Turnover the menu for our Vegan menu*



# VEGAN BRUNCH & LUNCH

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## BRUNCH

**GFA BRUNCH BAKED MUSHROOMS** *10.65*  
Baked mushrooms in a spiced tomato, pepper and onion sauce. Served with toast and guacamole.  
Add hash browns - 1.50

**GFA GUACAMOLE ON TOAST** *8.50*  
Avocado, tomato, red onion, chilli, coriander and lime juice smashed on top of toasted sourdough bread.  
Add roasted balsamic tomatoes - 1.50

**VEGAN PANCAKES AND SAUSAGES** *8.95*  
Stack of homemade vegan pancakes topped with fresh strawberry, 2 vegan sausages and maple syrup on the side.

## LIGHT BITES

**GFA SOUP OF THE DAY** *6.95*  
Ask one of the team about our soup of the day.  
Served with warm baguette and butter.

**BRUSCHETTA** *6.75*  
Homemade garlic bread topped with fresh tomato, chilli and onion salsa.

**GFA TACOS** *7.95*  
Crispy corn tacos filled with your choice of filling and topped with lettuce, pico de gallo and vegan cheese.  
Sweet Potato Chilli  
Fajita Veg

**GFA LOADED NACHOS - FOR SHARING** *10.75*  
Nachos with melted vegan cheese and topped with pico de gallo and guacamole  
Try them loaded with:  
Sweet potato chilli - 1.50

## BURGERS

*Served in a vegan brioche bun with skin on fries*

**Upgrade to Sweet Potato Fries 1.50**  
**Add an extra patty 3.00**

**GFA DELUX PLANT BURGER** *14.50*  
Plant based burger patty with lettuce, tomato, red onion chutney, vegan Applewood smoked cheese and burger sauce.

**VEGAN CHICKEN & GUAC BURGER** *15.50*  
Vegan fried chicken, guacamole, tomato, lettuce and garlic aioli.  
Add vegan cheese - 1.95

**VEGAN KATSU CHICKEN BURGER** *15.50*  
Vegan fried chicken, lettuce, tomato, vegan cheese and katsu sauce.

## MAINS

**VEGAN FRIED CHICKEN** *13.95*  
Homemade vegan fried chicken served with homemade coleslaw and skin on fries.  
Like things spicy? Ask us to use the scotch bonnet sauce for an extra kick.

**GFA VEGAN SWEET POTATO CHILLI** *12.95*  
Using the same spice mix as our beef chilli we have created a delicious sweet potato chilli served with spiced rice,,pico de gallo and guacamole.

**VEGAN CHICKEN KATSU CURRY** *12.95*  
Vegan fried chicken pieces with white rice and homemade katsu sauce. The classic popular Japanese dish.

## SALADS

**VEGAN COBB SALAD** *13.95*  
A large salad made with iceberg lettuce, fresh tomato, guacamole, sweetcorn, vegan southern fried chicken and homemade ranch dressing  
Add vegan cheese - 1.50

## SWEET

**WARM COOKIE DOUGH** *6.75*  
Homemade chocolate chip cookie dough baked in the oven till soft and served with a scoop of vanilla ice cream and chocolate sauce.

**GFA GOOEY CHOCOLATE BROWNIE** *6.75*  
Homemade chocolate brownie served warmed with chocolate sauce and vanilla ice cream.

**CHOCOLATE BISCOFF PANCAKES** *8.95*  
Stack of American style pancakes topped with fresh banana, biscoff biscuits and sauce and chocolate sauce.

**STRAWBERRY SPLIT PANCAKES** *9.95*  
Stack of American style pancakes topped with fresh strawberries, banana and maple syrup.

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**GFA VEGAN CHEESY FRIES** *4.50*  
**GFA SWEET POTATO FRIES** *4.25*  
**GFA GREEN SIDE SALAD** *3.50*  
**GFA COLESLAW** *3.50*  
**ONION RINGS** *4.25*  
**GARLIC BREAD** *2.95*  
**VEGAN CHEESY GARLIC BREAD** *3.95*

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## GLUTEN FREE MENU

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**GFA GLUTEN FREE AVAILABLE**

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